



ST JOSEPH'S NEWSLETTER

28 JUNE 2020



INTRODUCTION TO THE LITURGY

On this day, traditionally, considered in pagan Rome to be its foundation day by Romulus, we celebrate the twin founders of the Church in Rome. St Peter, a fisherman who became leader of the apostles and the rock on which the Church is built, died by crucifixion in Rome around the year 64. St Paul, Saul the Pharisee who became the 'Apostle of the Gentiles', was martyred by beheading around 67. Both proclaimed with their lives that Jesus is the Christ, the son of the living God.

PARISH PRAYER INTENTIONS

Please pray for those who are sick at home or in hospital – Helen Clark, Anya Behl, Bruce Blaney, June Christison, May Cosgrove, Elinor and James Crighton, Fletcher Ditchburn, Paul Drummond, Alison Dunn, Elizabeth Forbes, Shannon Fox, Morrice Hendry, Derek Henry, Tracey Hepburn, Sandy Hill, Beth James, Sandy Kutcha, David Loudon, Jean Low, Brian Low, Bob Low (Jnr), Rene MacPherson, Mgr Ken McBride, Shelia McCallum, Norma McKinnie, Christine Murray, Marjory Robson, Jeff Sanderson, Margaret Traynor, Ledice da Cruz Welsh and Joseph White and all those who are sick in our Parish and beyond: **in the midst of sickness and pain, may they be united with Christ, who heals both body and soul.**

Please pray for those who have died and gone before us in faith – for the souls of Maureen Barber and Russell Stewart who have recently died and for Ida Peters, Jim Maguire, William Newall and David Stewart whose anniversaries occur around this time: **that Christ may welcome them into the eternal light and joy of God's presence.**

13th WEEK OF THE YEAR

Tuesday 30th June

Memorial of the First Martyrs of the Holy Roman Church
The First Martyrs of the Holy Roman Church, in addition to St Peter and St Paul, died under Nero in AD 64.

Friday 3rd July

ST THOMAS – FEAST

St Thomas, Apostle, is said to have preached the Gospel in India where he was martyred. The faith that led him to know Christ in his wounds also sent him to the farthest places to preach Christ.

Saturday 4th July

Memorial of St Elizabeth of Portugal

St Elizabeth of Portugal, (1271-1336) of the House of Aragon, had an unhappy marriage with the King of Portugal. She persevered in prayer and good works, and as a widow lived in poverty as a Franciscan tertiary.

SPECIAL PRAYERS

Please continue to include Helen Clark in your prayers as presently she is gravely ill in hospital. Pray also for her husband Arthur and their loving family at this time.

WHEN WE WORRY

WE HAVE OUR HEARTS IN THE WRONG PLACE

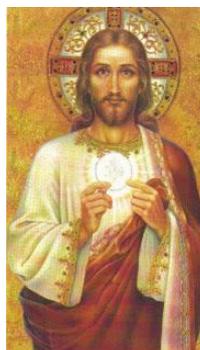
SAINTLY THOUGHTS

It is not that we keep his commandments first and that then He loves us but that He loves us and then we keep His commandments. This is that grace which is revealed to the humble but hidden from the proud. *St Augustine*

QUIET MOMENT

Many of my daily preoccupations suggest that I belong more to the world than to God. A little criticism makes me angry, and a little rejection makes me depressed. A little praise raises my spirits, and a little success excites me. It takes very little to raise me up or thrust me down. Often I am like a small boat on the ocean, completely at the mercy of its waves. All the time and energy I spend in keeping some kind of balance and preventing myself from being tipped over and drowning shows that my life is mostly a struggle for survival: not a holy struggle, but an anxious struggle resulting from the mistaken idea that it is the world that defines me. *Henri Nouwen*

Spiritual Communion Prayer of St Alphonsus



My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever.

Amen